

## Facility Hours

Monday-Thursday	5:00 AM - 9:30 PM
Friday	5:00 AM - 8:00 PM
Saturday	7:00 AM - 5:00 PM
Sunday	10:00 AM - 5:00 PM

## 25 Yard Pool

Monday	7:30 AM - 8:45 PM
Tuesday	7:30 AM - 8:45 PM
Wednesday	7:30 AM - 8:45 PM
Thursday	7:30 AM - 8:45 PM
Friday	7:30 AM - 7:45 PM
Saturday	8:00 AM - 4:45 PM
Sunday	10:00 AM - 4:45 PM

*7:30 AM - 10:00 - AM Monday - Friday: LAP SWIMMING AND WATER AEROBICS ONLY.*

## 50 Meter Pool

Monday-Thursday	5:00 AM - 9:15 PM
Friday	5:00 AM - 7:45 PM
Saturday	7:00 APM - 4:45 PM
Sunday	10:00 AM - 4:45 PM

### Long Course

Sunday	10:00 AM - 4:45 PM
Mon./Wed./Fri.	5:00 AM - 1:00 PM

### Short Course

Mon./Wed.	2:00 PM - 9:15 PM
Tues./Thurs.	5:00 AM - 9:15 PM
Friday	2:00 PM - 7:45 PM
Saturday	7:00 AM - 4:45 PM

### Fitness

Mon. - Thurs.	5:00 AM - 9:30 PM
Friday	5:00 AM - 8:00 PM
Saturday	7:00 AM - 5:00 PM
Sunday	10:00 AM - 5:00 PM

### Children's Room

Mon. - Friday	8:00 AM - 12:30 PM
Saturday	8:00 AM - Noon
Mon. - Wed.	4:00 PM - 8:00 PM
Thursday	4:00 PM - 8:00 PM
Friday	4:00 PM - 7:00 PM

### Infant Room (6 weeks to 2 years)

Monday - Friday	8:00 AM - 12:30 PM
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