



Fitness Center Etiquette

Huntersville Family Fitness & Aquatics welcomes you to our Fitness Center! The following courtesies and etiquette tips have been established to ensure the safety and enjoyment of our members and guests.

- We want you to be comfortable when working out. Shirts and athletic shoes must be worn at all times. Please do not wear jeans, sandals, street shoes or work shoes in the gym or fitness center.
- As a courtesy to fellow members, please wipe down the equipment when you have finished.
- After using free weights, please re-rack or return them to their appropriate location. Please do not drop them, set them on the floor, or lean them on the machines or against the walls.
- If there is a wait for a machine, please keep exercise to no more than three sets and allow other members to work in between your sets.
- If there is a wait for a cardio machine, please keep exercise to no more than 30 minutes.
- Children under the age of 12 are not permitted in the fitness center.
- Children between the age of 12-15 must complete the youth orientation and need to be accompanied by an adult.
- No running, wrestling, pushing or fighting.
- No vandalism or equipment defacing. HFFA reserve the right to charge the member for equipment defacement and or intentional damage.
- Group exercise classes have priority use of equipment.
- Use of cell phones in the fitness center is prohibited.

HFFA is NOT responsible for lost or stolen property. We have lockers available for use during your workout. Please bring a lock and remove it when you leave