

# Aquatic Supervision Policy

In order to make our facility a safe place for you and your family, we want to educate you on the supervision policy for our pools. We strive to place your family's safety as our number one priority.

According to the Centers for Disease Control, drowning is the second leading cause of unintentional injury-related deaths of children ages 14 and younger. A majority of drowning accidents occur because of the victim's inability to swim.

**Please join us in making our facility a safer gathering place for you and your family by following our swim test guidelines.**

## Swim Test

Swim Tests are conducted throughout the day in the 50 meter pool. Each child is allowed a maximum of two test opportunities a day. The swim test consists of:

- Swim 25 yards in the 50 meter pool
- The head has to enter the water and the arms must be moving forward in a freestyle motion
- Complete the test in a manner which displays that they would be able to swim alone for a long period of time
- Pass/Fail is decided solely by the lifeguarding staff with the safety of your child as the foremost concern.

**Children up to the age of 12** who **do not pass** a swim test:

### OUTDOOR FAMILY FUN POOL:

- Each child must have a parent/guardian on the deck with them at all times.
- They may not use the large waterslide or enter the roped off area at the bottom of the slide

### 25 YARD POOL:

- Must have an adult in the water within arms reach
- OR wear a lifejacket at all times AND have a parent/guardian on the deck (Lifejackets are available on a first come first serve basis and are limited in availability. Lifejackets must be accurately sized and secured. Please see the American Red Cross Life Jacket guides for properly fitting a life jacket, you can request a copy of this from a lifeguard.)

### 50 METER POOL:

- May not use the 50 Meter Pool

**Children under the age of 6** who **pass** a swim test are required to:

- have a parent/guardian on the pool deck at all times
- May use all pools and water slides

**Children ages 6 - 12** who **pass** a swim test are required to:

- have a parent/guardian on the HFFA premises at all times
- May use all pools and water slides

For individuals seeking to be more efficient in the swimming sport, please sign up for swim lessons with our MAC Swim School.